In my thesis I try to solve the problem of the everyday's life and thought of the middle class of society in 1970's and 1980's in the CSSR. I use the methods of the oral history and I work with narrators and their memories. The selection of narrators abided by advance criterions. All narrators had to be in the watched period employers of the ZPA !akovice. The selection was limited also by the age of narrators and working position (technical-administrative sector). I was making interviews with eight narrators that fulfilled all the conditions. Next to a free narration of each of them, main topics of interview were: some important historical events (1968, 1989), perception of the period called "normalizace", relationships between the people, national jubilee and festivals, travelling and recreation, family, leisure time and spare-time activities etc. . In my thesis I put brain to analyse and interpret the interviews and before that I try to explain my motivation and various expectations. The reason why I do this is that I try to find some general context which will help readers to create some visual angle, that they can use to understand my analysis and interpretations of the interviews. I enlarged the interpretations of two topics. The first: Perception of "West" and travelling in the period called "normalizace" and the second: Formulism of the period called "normalizace". The conclusions of my thesis are created on the basis of my analysis and interpretations of interviews and are compared with archival documents from SOA Praha (an unworked fund "ZPA !akovice"). Some of these documents became a part of a supplement of my thesis. The conclusions make the perception of some political and social problems by middle class clear. There is also an explanation of nostalgical recollection and comparing among the past and the present. Very imprortant for me is the problem of human freedom in the general.