

Abstract

Title: The comparison of the sport training in soccer in selected soccer teams in the U8 category.

Objectives: To the creation of the concept of sport training in the category U8 in the team Dukla Prague compare this sport training with other Prague teams and held various important differences or conformity.

Methods: In creating the concept of sports training soccer U8 used the method of purposeful collecting qualitative data. Furthermore, also use their own and expert experience dealing with this issue.

Results: The result of this thesis is to identify individual differences in sports training of young soccer players between teams of Prague.

Key words: Football, sports training children, preschool age, the training process, the gaming principle