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**Title:** Standard of physical education at secondary police schools in the Czech Republic with the focus on swimming training

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**Abstract:**

**Aims:** To find out and prove whether the teaching swimming at secondary police schools in the Czech Republic is sufficient for satisfactory physical fitness of a policeman and for swimming competence enabling to manage rescue of a drowning person during service. To propose an optimal structure of teaching swimming.

**Method:** Information and data were collected at secondary police schools in the Czech Republic, then from available publications and internet. The level of swimming skills of police students was measured by a test battery consisting of two motor tests. We have used the qualitative method, the method of analysis and synthesis, and comparative method for interpreting results.

**Results:** We have found out that teaching swimming at secondary police schools in the Czech Republic is insufficient, it does not enable teaching rescue swimming and therefore we have proposed our conception of teaching swimming at these schools, which we consider as optimal with regard to possibilities.

**Key words:** swimming skills, rescue swimming, swimming training.