

Theoretical part of the thesis is focused on adult with mental disorders and possibilities of increasing the quality of his life through the meaningful spending of leisure time. This thesis also describes facility Studio Oaza which offers leisure activities for people with mental disorders.

Practical part of the thesis contains description of particular seasons of Studio Oaza from its establishment with aspects to tutors, clients, and even to auxiliary activity club sessions. It also contains a list of the facility performances produced for public audience.

KEYWORDS:

mental disorders, quality of life, leisure time, creativity