

Summary

Level of fitness of the pupils of the sixth and seventh grade elementary schools in Hodonín and Hovorany

Goal of the work: Comparison level of the fitness of pupils in the sport classes and universal classes elementary schools. Acquired results compare with themselves and decide if the sport classes are attended by pupils with better preconditions for sport.

Method: In this thesis are used methods of empirical quantitative research. Testing was proceeded in the athletic stadium in Hodonín and in the school sportsground in Hovorany on 13 June 2007. The selected groups were made by pupils of the sixth and seventh grades from both elementary schools.

Results: There are compared the levels of fitness of the pupils from sixth and seventh grades in the sports classes and in the normal classes. Results demonstrated that the level of fitness and at the same time the preconditions for sport of the pupils from the sport classes in Hodonín are generally higher.

Key words: fitness, testing, sport school,