

ABSTRACT:

This thesis deals with motor tests, which have the task of finding out the level of movement volleyball skills of Sokol Písek cadets. We obtained the results by three tests during one season. The tests are focused on lower and upper service, upper and lower rebound with both hands. The obtained results are processed into tables and graphs. We compared the individual tests for all three tests and found out what the development of the results was. We also researched which gaming activity they did more well. Another comparison concerned the success of players in tests and how many players passed testing. The main goal of this work was mainly to motivate players to further work. And show players which gaming activities need to be improved.