

## ABSTRACT

This thesis examines the educational program "The leader in me" and its functioning within the first grades of elementary school. The thesis is divided into three chapters - theoretical, analytical and practical. The first theoretical part introduces the program and defines and explains the term "habit". The outcomes of the first presented chapter focus on the interconnections between self-management and the Framework Education Programme for Elementary Education. The analytical part summarizes experiences and results gathered during researching the sample elementary school A.B. Combs and other schools that use the examined program in their classrooms. This has been achieved based on the analysis of Czech and foreign resources. The last practical part presents a qualitative survey, whose main objective was to reflect on teaching practices that have been based on methods of self-management and on knowledge gained in the theoretical part of this thesis.