

ABSTRACT

The diploma thesis deals with anorexia nervosa as one of the basic forms of eating disorders, with emphasis on the very common chronic progression of this serious psychiatric illness. This thesis is based on the scientific fact, that conspicuous eating habits, constant control of thinking and behavior, as well as self-perception disorders, are observed in most cases, even in already cured patients. Long-term stress in common with a prone personality, can result in the acute phase of anorexia nervosa. The diploma thesis is qualitatively focused. The chosen methods of data collection are a questionnaire survey and a following semi-structured interview. The condition for participation in the research is the past experience with anorexia nervosa, without the current presence of the acute phase of this disease. The main goal of the diploma thesis is to map the burning issues of individuals who have gone through the acute phase of anorexia nervosa in the past, their current feelings and needs. The output of the diploma thesis are the specific recommendations, coming from the results of research survey, which would help to reduce the probability of relapse of the acute phase of mental anorexia in stressful situations.

KEYWORDS

Anorexia nervosa, eating disorders, chronicity, relapse prevention, addictive behavior