

Abstract

Title: Kiteboarding safety

Aims: The aim of the bachelor's thesis is to analyze the most important safety aspects of kiteboarding, to propose a methodology for solving the crisis situations, how to prevent them and how to provide first aid in the event of an accident.

Methods: The bachelor's thesis was processed in the form of a search, in which I used the method of analysis and comparison. I analyzed the collected data from the information sources, and I used the method of comparison when comparing the research thesis with frequent injuries. This thesis has a compilative, comparative and analytical character.

For the chapter on crisis management, the key source were a videos from the youtube channel, where you could find countless lessons and injuries, recorded on an action camera. Some were supplemented by the author's comment with a proposal for prevention and solution of the situation.

Other sources from which I drew included bachelor's and master's theses, websites of the International Kiteboarding Organization (IKO), electronic and printed books

To obtain primary data, I used the bibliographic database scopus, which led me to several researches.

Conclusion: With the new sport we must also learn about its specific risks, so my bachelor's thesis introduced the main safety aspects related to kiteboarding and thus contributed to the issue of this young and rapidly developing sport.

Key words: Kiteboarding, injuries, prevention, crisis situations, first aid

