

Abstract

Title: Evaluation of motor performance of young football players with different levels of game performance.

Objectives: To identify possible differences in basic motor skills, technical football skills and agility in young football players (11-12 years) in terms of their different game performance. At the same time, the aim is to find out the mutual relations between the mentioned indicators.

Methods: Quantitative research with an empirical character was used for the practical part of this bachelor thesis. A total of 25 football players (12.0 ± 0.2 years) were involved in the research. The evaluation of game performance was performed in the form of a scale questionnaire for coaches. The TGMD - 2 test battery (Test of Gross Motor Development - 2nd edition) was used to evaluate basic movement skills. A slalom test and a Loughborough soccer passing test were used to assess technical skills. Evaluation of fitness abilities was performed by using an agility test.

Results: Players with the highest level of game performance achieved significantly better results in the basic movement skills test and in tests of football technique compared to players with a lower level of game performance. No significant difference was found in the agility fitness test between players with different levels of game performance. Also, the interrelationships between indicators of basic motor skills and technical football skills were insignificant and weak.

Conclusion: Players with the highest game performance according to the coach's rating have a significantly higher level of basic movement skills and technical football skills compared to players with a lower level of game performance. However, no significant difference in agility was found between groups with different levels of game performance.

Keywords: football, youth, talent identification, motor skills, fitness, testing