

# Abstract

Bachelor thesis „Challenge to life - how to resume with diabetes“ attend to integrating diabetes into everyday life of patients with this disease. Diabetes is chronic ailment which is still stigma and it causes problems and limitations to the patients, but thanks to technical advance in medicine diabetics can adapt their life to the disease without the others knowing about it. To manage with this disease there is many technical instruments which can help diabetics nowadays. It is more efficient and inconspicuous and it makes diabetics possible to solve some problems immediately without doctors. But there are still patients who think of diabetes as uncontrollable and smart from problems which can diabetes implicate. This work tries to illustrate on narratives of ten diabetics, which factors and strategies give rise to fact, that diabetic can integrate disease into his life and put up with it.