

## **ABSTRACT**

The diploma thesis "*Methodology of the use of rough-and-tumble play in the environment of alternative forest schools of pre-primary and primary education as a possible prevention of bullying.*" points to the area of children's games, which are inherently associated with such physical manifestation that it can cause all sorts of concerns in adults. The rough-and-tumble play as well as fighting and combat play are in question considered in this thesis as a kind of games, sometimes possibly neglected, but necessary for the healthy development of children's personalities. If the development of children and pupils is the goal of school facilities, then the possible inclusion of combat and combat games in these environments seems to be suitably developing. Alternative schools, in this case forest kindergartens and primary schools, are so open to innovation that this thesis chose them for the imaginary incorporation of rough-and-tumble play into their curriculum. It also outlines the possible context between the conscious fighting game of children and their perception of bullying, or the possible influence of the fighting game on the elimination of these undesirable behaviours. The empirical part formulates methodological material in accordance with the described characteristics of selected schools. Data collection is realized by an online questionnaire survey for forest nursery and primary school guides. The development of the methodology influenced the study of relevant documents and viral data on the topic of rough-and-tumble play and fighting-and-combat games, interviews with guides and observation of children in specific situations in a school environment. Based on the analysis of the collected data, a specific solution for the implementation of rough-and-tumble play and fighting-and-combat play into the daily regime of a forest nursery or primary school is proposed, in the form of a methodological manual.

## **KEYWORDS**

Rough-and-tumble play, fighting-and-combat play, pre-primary education, primary education, forest schools, prevention of bullying, aggression, pupil development.