

Abstract

Topic: Physical fitness tests – comparison of the Basic and Professional physical tests exercised in the NATO armies.

Aims: To study relevant sources for the comparison the ways of physical capacity tests in the Czech Army and in the selected NATO armies. To compare the systems of the Basic and Professional tests, the evaluation of exercising soldiers, another process with unsatisfactory soldiers. To acquire an idea of demandingness level of tests in the Czech Army with regard to the total level given by the demandingness level in the selected NATO armies.

Methods: Analysis and synthesis of information gained on particular systems of tests in the selected NATO armies and the subsequent comparison of these systems.

Results: Difference assignment in these systems of tests and the physical training conception in the Czech Army and in the selected NATO armies. Pieces of knowledge gained from abroad will help to optimise the offer of the test discipline and time standard in particular tests.

Key words: Basic test, Professional test, physical performance, army, the Czech Republic, NATO