

This thesis deals with parental coping with the transsexualism of their offspring.

A questionnaire containing 66 items was created for this purpose. 16 parents of transsexual offspring participated in the research (12 mothers, 4 fathers). Just two offsprings were MtF, the others were FtM. 11 parents were contacted via their transsexual offspring, four parents were addressed at while attending a psychotherapeutic group for parents of transsexual offsprings and one parent filled in the questionnaire placed on the Internet. We found out that the most difficult situation for the parents was the moment their transsexual offsprings announced their transsexualism. A majority of the parents were in the state of shock and a majority also felt sorry. After that, the relation between the parents and their transsexual offspring improved. The parents evaluated the current relation between them and their transsexual offspring as sufficiently good. The person who helped the parents most to cope with the transsexuality of their offspring was his or her spouse, however in most of the cases nobody actually helped the parent. The majority of the parents managed to cope with the transsexuality of their offspring within one month. Data analysis showed that almost all parents, who participated in this research, have already managed to cope with the transsexualism of their offspring.