

The thesis on the topic work and the meaning of life is focused on two important areas of psychology, one of which belongs to general psychology and the other one to work and organizational psychology. Although both areas might seem to be very different, this thesis shows their mutual relationship and deals with ways they can influence each other.

Work can be a significant source of meaning in life thanks to the fact that it provides the possibility to satisfy not only the lowest but also the highest human needs in the current world. Except of the above mentioned relation between work and the meaning of life the thesis points out many aspects that these two areas, the meaning of life and work, have in common. It also highlights the similarity of consequences caused by their absence.

The theoretical part includes three chapters. The first one deals with the meaning of life, its significance for individual's life and its separate aspects. The switch to the issue of work is made in the sub-section about work as a possible source of meaning in life. The second chapter refers to components of the relationship of personality and work and connects them to the meaning of life and the meaning of work itself. The third chapter is focused on meaningfulness of work and items that influence meaningful work.

Results of original research are crucial to the practical part of the thesis. They spread out several issues of the theoretical part and represent a part of reality of work and the meaning of life and its sources.