

ABSTRACT:

Quality of life and physical activity in patients after acute myocardial infarction at a young age

Quality of life and physical activity in young patient's after acute myocardial infarction

OBJECTIVES:

First Assess HRQOL in patients after acute myocardial infarction at a young age (ie men who had undergone AIM aged 45 years and in women who have undergone AIM aged 55 years) in the Czech Republic with a small pilot file.

Second Determine the level of regular physical activity in patients after acute myocardial infarction at a young age in the Czech Republic with a small pilot file.

METHOD:

24 patients invited to ambulatory monitoring after acute myocardial infarction at a young age, completed the SF-36 questionnaire and the IPAQ. Additional data were obtained from standard medical documentation. The data were analyzed using a defined evaluation criteria and individual questionnaires using standard statistical methods.

RESULTS:

Patients suffering from AIM at a young age, we found a reduced quality of life, mainly in the area of physical components. On the contrary, regular physical activity is relatively high.

KEY WORDS:

Health related quality of life, physical activity, acute myocardial infarction