

## **Abstract:**

**Background:** Treatment of addiction during the period of abstinence from the primary drug is often complicated by the development of secondary addiction. Understanding the recurring pattern of behavior of such an addicted individual on a theoretical level supports a unified theory of addiction and from a practical point of view can represent effective help and hope for addicts. The shift of addiction from one behavior addiction to another one is not yet theoretically sufficiently described.

**Aims:** The aim of the research is to describe the development of secondary addiction in the period of abstinence from the user's point of view. Whether and under what circumstances he perceives the onset of addictive behavior. What are the causes of development and how similar is the onset of behavior with the primary diagnosed addiction.

**Methods:** This is a case study of a single purposefully selected person who developed secondary addiction after overcoming primary addiction. The data were created by a narrative unstructured interview (life story), systematized and subsequently interpreted according to the available professional literature.

**Results:** The Thesis mapped the use of respondent development of their addictive behavior, which begins after abstinence. The results lead to professional knowledge in the literature, where the psychological and social area of his life is mainly responsible for the emergence of addictive behavior according to the bio-psycho-social model. Especially in childhood and in building one's own identity. The respondent fully perceives his problem in everyday life situations. He is aware of the advent of addictions, which encourage insufficient attachment in life, weak protective factors and unsaturated children's needs. The onset of addictive behavior in the form of orthorexia, as well as past addiction relationships, have a very similar diagnosis to her methamphetamine addiction.

**Conclusion:** The Thesis describes the issue of shift addiction behavior from the perspective of an abstinent user who enters the following addiction behavior, when this behavior appears in another form. It emphasizes the development of addiction and its causes, which appear in early adolescence, when the perception and experience of the individual is formed. We perceive this topic as very important from the individual's point of view, because addiction enters life as a consequence of something. This would deserve more attention and time for individuals who have not gone through an ideal and healthy stage of adolescence. So that the addiction does not subsequently appear in other forms in abstinent individuals.

**Key words:** abstinence – craving – secondar – addiction – prevention - shift of addiction  
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