

## **Abstract**

The topic I deal with in this thesis is the change in the life of parents after birth. Part of this work is qualitative research. Here I deal with various aspects of life, such as partner life, the division of domestic work, work and finance or leisure activities or social life of new parents, and how they changed or decreased after the birth of a child. In my work, I try to focus on the difference between how men and women perceive this change, even in comparison with gender stereotypes, which are closely related to family organization. In addition, I also try to highlight the topics and changes that the families consider the most important, or areas that, in their opinion, have changed the most. In addition to the restructuring of the family, the respondents mentioned changes such as restrictions on leisure activities, social life (change of friends, etc.) or even a change and adaptation of intimate life. I discuss these and other changes in the work in more detail. Within this work, ten semi-structured interviews were conducted with five respondent families, separately with the father and separately with the mother. Based on an analysis of the semistructured interviews, using coding and previous theoretical preparation, categories were created, which were then interpreted and discussed. The criteria of the respondent families were mainly the number of children, ie only one, the age of the child, up to five years, and the cohabitation, in which both partners are in their first marriage.