

# ABSTRACT

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The bachelor's thesis deals with the issue of quality of life in a home for the elderly. The bachelor thesis is divided into theoretical and empirical part. In the theoretical part we discuss the concept of quality of life in a general context and quality of life focused on the quality of life of seniors. Furthermore, the theoretical part deals with the issues of old age, aging, geriatrics and gerontology, the needs of seniors, describes the changes that the elderly population is facing. The work also notes the various social care options for seniors, treatments for the elderly and health problems faced by older seniors.

The empirical part is focused on determining the quality of life of seniors in the home for the elderly Oasis in Nové Město nad Metují. The research is conceived in the form of a mixed approach. In the quantitative part, an abbreviated Czech version of the Older People's Quality of Life Questionnaire (OPQOL-CZ-20) was used. The questionnaire measures seven variables: 1. satisfaction with life, 2. financial situation, 3. positive approach to life, 4. satisfaction with family environment and safe background, 5. health, independence and activity, 6. senior loneliness, 7. role of faith and religion in senior's life. The qualitative part of the research was a semi-structured interview with four seniors living at home. The basic findings are as follows: seniors rated the best relationships with their families and positive attitudes towards life. The average evaluation (as expected) was given to the financial situation and loneliness. For most respondents, the role of faith and religion in their personal lives is small. He evaluates his health condition, his independence and activity the worst.