

Annotation

KAPLANOVA, Tereza. *Possibilities of support for family caregivers in providing care for adults with a serious health handicap*. Prague: Faculty of Education, Charles University, 2021, - 69 p. Diploma thesis.

The aim of the diploma thesis is to present the possibilities of support for caring families for adults with severe disabilities and to create appropriate recommendations for caregivers who care for their loved ones with severe disabilities in the home environment. The theoretical part defines basic information about home care, families in the role of caregivers of adults with severe disabilities. It defines the system of counseling care in the Czech Republic and focuses on informal home care. It also describes respite care as assistance to carers and defines palliative care. The practical part presents in the form of case studies specific cases of 4 families caring for adults with severe disabilities in home care. Furthermore, the work focuses on the specific needs of carers and the possibility of adequate support and assistance to these people. Based on case studies, research questions and analysis of practice with professional literature, a brochure is created, which is focused on the support of caring families.

Key words: Home care, informal caregiver, family, palliative care, respite care.