

ABSTRACT

ŠTÝSOVÁ, A. *Use of bibliotherapy in the prevention of socially pathological phenomena in adolescents*. Thesis. Prague: Department of Special Education, Faculty of Education, Charles University in Prague. Leader: Mgr. Barbara Valešová Malecová, Ph.D., 2021, 108 p.

The diploma thesis *The use of bibliotherapy in the prevention of socially pathological phenomena in adolescents* focuses on the use of bibliotherapy as a therapeutic tool for the prevention of socially pathological phenomena, specifically substance abuse. The target group are adolescent students with some form of social disadvantage. The work is divided into two parts - theoretical and practical. The first part is theoretical and mentions important developmental milestones that may be related to the issue of substance abuse in adolescents. It also defines the basic theoretical basis for the prevention of socially pathological phenomena and their legislative entrenchment. It also summarizes the basic knowledge about bibliotherapy and possible specifics of its use in adolescents. The second part is practical and its aim is to create a proposal for a comprehensive bibliotherapeutic program for the prevention of substance abuse and then to determine its impact on students in action research. Part of the research is also the evaluation of the use of the new method in practice. The results of the research point to bibliotherapy as a suitable way both for the implementation of primary prevention and for support in solving developmental tasks.

KEY WORDS

bibliotherapy, bibliotherapeutic program, social pathological phenomena, risk behavior, primary prevention, adolescence, action research