

## **ABSTRACT**

This specific study entitled: “*Health Promotion Projects as part of Education*”, consists of a theoretical part containing the voices of various authors on the issue of health promotion in schools. Firstly, the basic concepts that are contained in the body of my work were explained and thanks to this, the reader will be better acquainted with these. In the following chapter I described characteristics of health promotion projects and gave several examples. The principles of health promotion in schools was also dealt with because they are closely related to the topic. Since my primary focus was on how projects in schools are actually implemented, I covered this in a subsequent chapter by giving concrete examples of projects that have already been implemented in schools. It was also important to mention the implementation process of health education into the primary school curriculum and thus I finished the theoretical part of the work and followed it up with a practical part. I used interviews as a research method and these were conducted at primary schools where one of the health promotion projects had been implemented in the past. The thesis also has a practical component. It included my own proposal of a health promotion project. The aim of it was to evaluate efficiency of initiating the health promotion projects at selected schools. On that basis, I evaluated it as a health promotion project that is really important and it does not relate only to schools. In my opinion the aim of the thesis was fulfilled.