

ABSTRACT

The diploma thesis focuses on the topic of personal and social development of pupils in the music education process at the 1st level of basic education. It brings forward selected music therapy techniques, which represent one of the means of personal and social education. The theoretical part of the thesis deals with the concept of personal and social education with a brief history of the issue. It represents the position of personal and social education in curricular documents.

The practical part of the work presents regular teaching of music lessons at the Dolní Břežany Elementary school. The research part also includes activities with emotional cards. The diploma thesis offers a possible connection of communication cards with listening to selected songs, in order to briefly diagnose the research sample. The chosen music therapy techniques are applied to the pupils of the 1st grade, which represents a significant milestone in the transition from kindergarten to primary school.

KEYWORDS: Personal and social education, motivation, music therapy, climate of class, reflection, self- reflection, cooperation