

ABSTRACT

The central theme of this diploma thesis is to analyze key stress factors, which foreign background students meet during their integration in the Czech Republic. All respondents are recruited from the Eastern European countries, for instance, Russia, Ukraine, Belarus.

Two main groups include:

- students who are in the Czech Republic less than one year
- students who are in the Czech Republic for more than one year

The primary research method was using a semi-structured interview with eight respondents. For measuring acculturative stress level was used the Perceived Stress Scale (PSS), which was filled in by 36 students. There were found differences in the adjustment level and language competence among two groups of students. This research has also confirmed the relationship between the length of stay in the Czech Republic a level of acculturative stress.

KEYWORDS

foreign students, stress factors, integration, public higher education