

My graduation thesis deals with eating disorders, as a current problem among secondary students. My thesis is divided in the theoretical part and the practical empirical part.

The separated part of the thesis is formed by general information about researches on frequency of eating disorders at secondary schools in the Czech Republic and abroad.

The theoretical part includes remarks from scientific literature. It is concerned with anorexia nervosa and bulimya in general and tries to find causes of these disorders and treatment possibilities.

The empirical part concerns my own research at secondary schools in Prague. My research was carried out by interviewing secondary teachers.

The aim of research was to find out whether the problem with eating disorders is current at secondary schools in Prague, to suggest a strategy of prevention according to my acquired knowledge and to work out my own draft of measures - recommendation for school education programme.