

# Abstract

Procrastination describes an undesirable form of delay of a previously intended act. It is in large part related to the level of work motivation. In spite of this, theories of work motivation do not generally deal with procrastination. The goal of this thesis is to identify factors of procrastination in selected theories of work motivation – in the goal-setting theory, in the self-determination theory and in the temporal motivation theory. The thesis is based mainly on metanalytical and summary works dedicated to the problematics of procrastination and on academic literature about the selected theories of work motivation. The relationship between procrastination and work motivation is analysed, followed by a derivation of possible factors of procrastination from the selected theories of work motivation. Then, the relationship of the factors of procrastination identified by research studies with the factors derived from the stated theories of work motivation is analyzed. By this analysis are the factors of procrastination in the stated theories of work motivation identified.

**Key words:** work motivation, procrastination, theories of work motivation, self-determination theory, goal-setting theory, temporal motivation theory