

Abstract:

The bachelor thesis deals with the new types of eating disorders. The theoretical part first explains the whole problematic of eating disorders and lately focuses on more detailed characteristics of orthorexia, bigorexia and drunkorexia. Moreover there is a description of adolescence and its risk for developing eating disorders. The aim of the empirical part of the thesis is to investigate the circumstances of incidence and prevalence of selected eating disorders, namely orthorexia and bigorexia affecting high school students in Čáslav city. The tested sample consisted of students from four different high school – Grammar school and SOŠPg Čáslav a žáci SPŠ a OA Čáslav. The 21-question survey was used and analyzed to accomplish the defined goals. The questions were chosen based on specialised literature and other already existing surveys. A total of 209 pupils took part in the empirical survey. The work reveals 18 respondents who show signs of risk for the development of orthorexia or bigorexia.

Keywords: eating disorders, orthorexia, muscle dysmorphia (bigorexia), drunkorexia