

## **Abstract**

The diploma thesis deals with the issue of sexual education of young people with mild mental disability. Sexuality is seen as a natural part of the human personality. The thesis presents a possible way of informing the clients of the Transit program. The theoretical part of the work is focused on the basic concepts related to mental disabilities. Transit program is described as a service that utilizes a Person Centered Planning.

The aim of the diploma thesis is to formulate a procedure for the sexual education and reproductive behaviour for the clients of Transit program.

The empirical part uses the qualitative methodology – semi-structured interviews. The interviews were conducted in four organizations providing the Transit Program in the Czech Republic.

The research showed that the current state of enlightenment is insufficient or completely missing.

In conclusion, I proposed procedure for introducing sexual education into the Transit Program.

Keywords:

sexuality, sexual education, mild mental disability