

**Keywords:**

gathering (slet), motion composition, Sokol, spartakiada, psychomotorics, exercise, drill, press reviews, educationalist-trainer, younger school age children

**Abstract:**

The substance of the thesis is tracing down the development of the mass gathering compositions intended for the younger school age children in given historical period, that is 1907 – 2018. The aim is to drill the mass Sokol gathering composition „The imitative exercise“ from the year 1932 with 8 years old children and repeat it in the present time. Also to analyse this motion composition from the psychomotorical, educational and physical point of view. Practicing the motion composition helps solving the answer to this research question. Further more, in the performance of this motion composition, we search for the testimonies about the spirit of the time, educational approach and the characteristics of the physical education tutors of the time.