

## **Abstract**

**Title:** Evaluation of the project Děti na startu

**Objectives:** The aim of the bachelor thesis is to evaluate the project Děti na startu, its availability and training content.

**Methods:** In the theoretical part of the thesis I deal with basic concepts. It describes basic issues and development of motor skills of preschool children and early school age. This part of the thesis is based on professional literature that I published as an university project and that has direct line with with this topic.

The research part is devoted to the project Děti na startu as such. It presents this project, its goals and basic principles. Also I evaluate the project, both from the perspective of the parents of the children, the children themselves, and mine own perspective, based on the knowledge of theoretical issues. The work aims to evaluate the project, especially in Kladno, where the project has a broad base.

**Results:** The results of the research part of the bachelor thesis show the satisfaction of parents whose children are involved in the project, both in terms of course content and the expertise of leading training units.

**Keywords:** pre-school age, primary school age, physical abilities, versatility, Děti na startu