

Abstract

Title: Personal assistant's knowledge of first aid.

Objectives: The aim of this master thesis was to determine the personal assistant's knowledge of first aid in selected situations.

Methods: An anonymous survey was used to determine the personal assistant's knowledge of first aid. The questions were created on the basis of Barbora Studená's bachelor thesis and on the basis of information obtained from centres or organization providing personal assistance. The website Survio.com was used for data collection. Personal assistants who work or have worked in the social services sector were in the target group. A total of 54 respondents participated in the research. The data were processed into graphs and evaluated.

Results: Out of the total number 54 (100 %), 46 (85 %) of respondents got above 13-point limit in the survey focused on their knowledge of first aid. Personal assistant's knowledge was evaluated as positive. From the results, we can also assume that the length of action and practical experience in personal assistance has an impact on the subjective assessment of self-confidence in providing first aid.

Keywords: lay first aid, Personal assistant service, civil illness, people with special needs