

Abstract:

Title: Exemption from physical education in a secondary school

Objectives: The main goal of the thesis is to examine the extent and also main reasons for partial and full exemption of pupils from physical education in a secondary school. That will be reached per analyzing results from survey whose participants will be headmasters from Prague grammar schools. There will be also explained how lessons absence of pupils is compensated and how the schools solve final classification.

Methods: For obtaining data, the electronic questionnaire examining the topic of exemption from physical education was made. The questionnaire was sent to fill to competent persons at Prague grammar schools. Their answers were then organized and analyzed for final results.

Results: Every monitored school had at least one student partly exempted from physical education. Only one school had not a single student fully exempted. Compared with Czech School Inspection data from 2016 the average numbers of exempted students were lower. Ratio of girl and boys was almost equable. The most frequent medical cause for exemption was weakening of muscular-skeletal system, from nonmedical causes it was sport activity out of school. In most cases there is no compensation for absence in lessons. Partly exempted students were mostly clasified for allowed activities participation, fully exempted students are not clasified. There are no lessons of health physical education at most of schools. There are also those students who are not exempted from but cannot be clasified due to frequent absence.

Key words: school, motion activity, health, exemption, physical education