

Abstract

Title:

The influence of Colored Mini Volleyball on six-volleyball

Objective:

The aims of this bachelor's theses is to find out, on the basis of gained information, how mini volleyball coaches approach the training of children at a young school age and how they develop their motoric skills and volleyball skills, and whether this form of volleyball can suitably prepare children for six-volleyball.

Methods:

Quantitative research with the method of questioning was chosen to meet this goal. The questionnaire was sent to the mini volleyball coaches by e-mail. The information obtained was discussed in the discussion part of the work and a conclusion was made from them.

Results:

The findings are displayed for better orientation in tables, graphs and are accompanied by commentaries. The obtained data were evaluated and compared with the literature and recommendations of experts.

Keywords:

children, motoric skills, training, player, categories