

Abstract

Title: Case Study of Physiotherapy Care of Patient with the Diagnosis 'Frozen Shoulder'

This Bachelor thesis is dealing with Frozen Shoulder syndrome. It is divided into general part and practical part. The general part is expounding theoretical findings from anatomy, kinesiology and biomechanics of shoulder girdle. It is also explaining the method of shoulder girdle examination. In the general part is described definition, etiology, clinical picture and the particular treatment of Frozen Shoulder syndrome.

In the practical part is thoroughly compiled the case study of patient with diagnosis of Frozen Shoulder. This whole part is based on cooperation with the patient during my bachelor practice. The practice took place in Rehabilitační nemocnice Beroun in the period from 13.1. to 7.2.2020. In conclusion there are evaluated the achieved results from the course of therapy with the patient.

Keywords: adhesive capsulitis, physical therapy, case study, shoulder girdle

