

Abstract

Title: Physical literacy of pupils 12 -15 age

Objectives: The main aim of this work is to find out and compare the level of physical literacy of pupils from 6th grade and 6th grade of athletic class. This will be achieved by finding out the level of physical competence. The secondary aim is to compare our results with the results from Switzerland.

Methods: In our work we used an observation method and a comparison method. The observation method was applied to the testing of individual tests and the comparison method to compare two classes, gender and states.

Results: We have found out that girls achieved better results in self-movement and boys in objects movement. The best results were achieved by pupils in rolling and the worst in dribbling. We also discovered that the athletic class dominated in all tests. After comparison of our results with the results from Switzerland it was very similar. Our pupils were better in 4 tests, pupils from Switzerland were better in 3 tests and the results were the same in 1 test.

Keywords: MOBAK, competencies, literacy, pupils, physical education