## ABSTRACT

This diploma thesis deals with teaching styles, teaching and educational methods and looks for relationship to organizational forms of teaching. The work is focused on the second stage of primary schools and corresponding years of multi-year grammar school. In the first part of the theoretical part I deal with individual forms of education, their definitions, meanings and possible influences of the teacher on individual parts. The second section is devoted to teaching and teaching methods that can be used in physical education lessons. I examine the development of teaching methods, the work of various authors, their views and their division of methods. The third section is dedicated to the teacher as a very important determinant of teaching. Because the teacher has a huge influence on the teaching style and the choice of teaching methods, I deal with his personality, expression and other influencing factors. The whole fourth section of the theoretical part is devoted to the teaching styles themselves. The fifth section is devoted to those organizational forms of teaching that can be used in physical education lessons. The sixth section includes didactic principles, their adherence, and the relationship to previous research terms.

The aim of this work is to introduce individual forms of education, teaching and educational methods and teaching styles and then find a relationship between these elements. The partial goal is to compare this relationship with men and women teachers. The research method used in the practical part is a questionnaire.

The questionnaire was distributed electronically and was completed by 27 respondents aged 25-59. The results of the questionnaire are processed in the analysis and graphically processed in graphs for clarity. The goals of the work were achieved, and all the hypotheses were confirmed or disproved. This thesis presents the use of various teaching methods in practice. It also shows the relationship between styles and forms. It brings a foundation on which to build on further exploration. According to the results of the work it is possible to describe current trends in teaching and to build a springboard for further research or practice.

## **KEYWORDS**

Teaching styles, teaching methods, forms of education, P.E., teacher