

Opposition report

Thesis compiled by	Yalın Yücel
Title of thesis	Effect of cannabis in sports training

The bachelor thesis was focused on effects of cannabis in sports training in athletes. The topic is interesting and deserves attention even though it is controversial. The author collected several publications with this topic which have been published recently. The main results of this thesis was that some beneficial attributes of cannabis existed in sports. Nevertheless, potentially dangerous side effects were described as well. Athletes generally did not think that cannabis is a performance-enhancing substance. Contrary opinions, beliefs and scientific evidence on almost all of the aspects of cannabis existed about its use in sport. The thesis is relatively well written. Author cited almost fifty citations. According to my opinion, the work meets all the requirements of Charles University for such theses. I recommend it.

Questions for discussion:

- 1) Why did you choose for this topic?
- 2) Have you got any personal experience with the cannabis use in sport?
- 3) Do you think that the cannabis could have a positive effect on sport performance?

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