

Abstract:

This bachelor thesis is focused on ergotherapeutic intervention in children with mental retardation. The thesis consists of two parts, theoretical and practical. The theoretical part describes the different types of mental disability, the ergotherapy and the relation between ergotherapy and children with mental disability. In the theoretical part there are ergotherapeutic methods described for specific phases of mental retardation, i.e. mental illness, moderate mental retardation, severe mental retardation and deep mental retardation. Of all the ergotherapeutic methods of the procedures, the method of leisure time activities - reconditioning stay - is dealt with in the most detailed way. The practical section of the bachelor thesis is focused on leisure time - reconditioning stay. In this part, I have used semi-structured interviewing methods to learn about the awareness of the field of ergotherapy in the non-profit sector. The interviews were attended by workers who have participated in the operation of reconditioning stays. Next, I have observed in detail the course of two reconditioning stays. Consequently, in my bachelor thesis, there is a comparison of such reconditioning stays (hereinafter referred to as "RP") and ergotherapeutic programmes.

The main contribution of this thesis is that it creates an ergotherapeutic programme. This programme can be used both as a whole for reconditioning stays, as well as specific elements of the programme can be applied in ergotherapy in a day care center for children or for example in an outpatient children's surgery. The aim of the thesis is to bring another view on ergotherapy and to develop ergotherapy into another directions of ergotherapeutic options.

Key words: occupational therapy, mental health, ergotherapeutic methods, reconditioning stay, free time