

Abstract

Title

Analysis of children's football game in young preparation

Objectives

The objective of this thesis is to quantificate and compare the individual football skills during the football match by kids in young preparation of the top Czech team and two teams at performance level, but with different aim on children education.

Methods

To form this thesis I used observational cross-sectional study, the data pick up is taken during football matches by purchasing a video. An interview with coaches and the data analysis follows. The research obtains vulnerable group of minors in age 7 - 9 years, in reason to find out the better ways of improving the quality of childrens football game.

Results

By this research was found out, that the top quality football club aims it's game, in comparison with the lower quality football clubs, more on individual football abilities and skills. In game, situations are whether solved by encounter 1 against 1 or by passing. Teams of young preparation should aim the trainings mostly on the encounters 1 against 1 a solve the situation individually, and practising a rightfully-fledged passing.

Next recommendation for lower quality football teams is the effort of increasing the number of trainings per week, because another training is very important for the skill development. Last but not least, I would highlight the importance of the recruitment days for pre-school and primary school children.

Keywords: Football, Young preparation, Analysis, Children, Football abilities