

Abstract

Title: Quality of life in sitting volleyball players

Objectives: The main goal of the thesis is to summarize and extend knowledge about sitting volleyball and to analyse quality of life in sitting volleyball players.

Methods: For the analysis we have used standardized questionnaire from the World Health Organization in its short version named WHOQOL-BREF. 12 players (8 men, 4 women) with average age 40,6 years participated in the study.

Results: The results of the questionnaire show, that quality of life in sitting volleyball players is better than quality of life of general population. We can deduce it from the fact, that their answers were better in three of four domains of the questionnaire (experiencing, social relations, surroundings). Only in the domain of physical health, sitting volleyball players showed worse results than general population, what could not be surprising due to their physical handicap.

Keywords: paralympic sport, volleyball, resocialisation, amputation, WHOQOL- BREF