

Abstract

The bachelor thesis focused on a burnout syndrome at general practical nurses is divided on the theoretical and the practical parts. The first one deals with the characteristics of the profession, the description of the burnout syndrome and the Maslach Burnout Inventory standardized questionnaire used for investigating the scope of the phenomenon at assisting professions. In the empirical part there is an objective of the thesis stated, also a research method and the characteristics of a selected hospital facility and its respondents. Also, there are a course of the research and the analysis of the findings presented. In the conclusion of the thesis in the discussion, the results of my research are compared with the results of the research published by Ivana Bartošíková in her book „On Burnout Syndrome for Practical Nurses” (orig. title “O syndromu vyhoření pro zdravotní sestry“). This part also contains proposed measures which could lead to a prevention of the burnout syndrome at practical nurses.

Key words: general practical nurse, burnout syndrome, causes, research, prevention