

ABSTRACT

Title: Mapping people's awareness of possibility of home physiotherapy after acquired brain damage

My bachelor's thesis consists of a theoretical and a practical part. The theoretical part contains information about stroke, about subsequent rehabilitation and about home physiotherapy.

Stroke is one of the most common acquired brain damages and many patients just after the stroke remain at home with permanent consequences. Physiotherapy is one of the basic elements of neurorehabilitation of these patients. The greatest effort of physiotherapists for these persons is to increase mobility to the highest possible level, return to self-sufficiency and reduce dependence on others. Home physiotherapy has a great benefit in improving the quality of life of these patients.

The main theme and aim of the practical part is to map the awareness of people after acquired brain damages, after release and mainly about the possibility of home physiotherapy. The practical part is realized in the form of an anonymous questionnaire for these persons. The result of my survey showed that more than half of the interviewed respondents did not have information of the possibility of using home physiotherapy.

Key words: home physiotherapy, discharging patients, patient's awareness, brain damage, stroke