

Abstract

The goal of the thesis is to find out, which effective factors help clients in process of curing their addiction with the help of halfstructured conversations. What exactly helps them and what is useful and effective from their point of view. Bachelors thesis is based on qualitative approach. I obtained data from both communities by halfstructured conversations. The researched set was made up of clients from therapeutic community White Light I. and Magdaléna. All the clients were at least in the second phase of treatment. From the results comes clear that therapeutic structure, raise of self respect by self doing and improvement of relations with original family are the most effective factors by clients from both therapeutic communities. It's clear from the reflections of clients that influence of effective factors is significant for them not only in treatment but even in life beyond the safe space. The results show that clients from both therapeutic communities rate the treatment in therapeutic community as effective.

Key words: addiction, addiction treatment, therapeutic community, effective factors