

The bachelor thesis deals with the topic of leisure activities in adults with acquired brain injury. Acquired brain injury can bring an individual partial or complete change of their abilities, including the ability to carry out leisure activities. Managing these activities can be limited due to physical, cognitive and psychosocial consequences of acquired brain injury. Occupational therapists carry out interventions for them, focusing not only on daily routines and work but also on leisure activities. Thus people with acquired brain injury can spend their free time meaningfully again and reach a higher quality of life.

The theoretical part of the bachelor thesis describes a possible occupational therapy intervention focused on leisure activities for adults with acquired brain injury and the role of an occupational therapist in the choice of leisure activities. In the practical part, based on information from questionnaires and website analysis, there is a list of organisations that offer leisure activities suitable even for people with acquired brain injury and a list of foundations providing contributions for leisure activities. The work proposes strategies for searching suitable leisure activities, useful links are presented as well as a proposal of an updated interest checklist made within this work.