

ABSTRACT

The aim of this diploma thesis is to find out the level of motoric abilities in sports and non-sporting children at the 2nd level of elementary school. Based on eight selected standardized tests, we find the required level of motor skills and, above all, the real difference between sports and non-sporting children. In the theoretical part I deal with the characteristics of individual motor abilities, sports and non-sporting children at present days. In the research part I tested 80 children of elementary school by motor tests and based on the questioning method I found out the rate of sports and non-sporting children. The results of the movement tests and the questionnaire were statistically processed and evaluated.

KEYWORDS

Motor skills and abilities, endurance, speed, strenght, coordination, sporting and non sporting chil

