

Abstracts

Title: Case Study of Treatment of a Patient after Rheumatoid Arthritis.

Goals: The goal of this thesis is to discuss the clinical finding and rehabilitation of a patient with a Rheumatoid Arthritis and to take a glance on the overview classification of the disease, the physiological and pathological part, also to implant the theories of the treatment and care of such patients.

Methods: Methods used in this study are all based on the literature given by the Faculty of Physical Education and Sport.

Results: After a 10 sessions of therapy and rehabilitation, the patient was able to increase the ROM of the affected upper and lower extremities joints with decreasing the pain of them and correcting the gait while walking.

Keywords: Rheumatoid Arthritis, Upper extremities, Lower extremities, Range of movement, Physical therapy.