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**The role of apoptosis in patients with
coronary artery disease**

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1. Abstract in English language

Background: Apoptosis plays an important role in the myocardial injury after acute myocardial infarction and in the subsequent development of heart failure.

Aim: To clarify serum kinetics of apoptotic markers TRAIL and sFas and their relation to left ventricular ejection fraction (LVEF) in patients with ST-elevation myocardial infarction (STEMI) treated with primary percutaneous coronary intervention (pPCI).

Methods: In 101 patients with STEMI treated with pPCI, levels of TRAIL and sFas were measured in series of serum samples obtained during hospitalization and one month after STEMI. LVEF was assessed at admission and at one-month. Major adverse cardiovascular events (MACE - i.e. death, re-MI, hospitalisation for heart failure and stroke) were analysed during a two-year follow-up.

Results: Serum level of TRAIL significantly decreased one day after pPCI (50.5pg/mL) compared to admission (56.7pg/mL), subsequently increased on day 2 after pPCI (58.8pg/mL) and reached its highest level at one month (70.3pg/mL). TRAIL levels on day 1 and 2 showed a significant inverse correlation with troponin and a significant positive correlation with LVEF at baseline. Moreover, TRAIL correlated significantly with LVEF one month after STEMI (day 1: $r=0.402$, $p<0.001$, day 2: $r=0.542$, $p<0.001$). On contrary, sFas level was significantly lowest at admission (5073pg/mL), increased one day after pPCI (6370pg/mL) and decreased on day 2 (5548pg/mL). Significantly highest sFas level was marked at one month (7024pg/mL). sFas failed to correlate with LVEF at baseline or at one month. Both TRAIL and sFas showed no ability to predict improvement of LVEF one-month after STEMI or 2-year MACE (represented by 3.29%).

Conclusion: In STEMI treated with pPCI, TRAIL reaches its lowest serum concentration after reperfusion. Low TRAIL level is associated with worse LVEF in the acute phase of STEMI as well as one month after STEMI. Higher TRAIL level appears to be beneficial and thus TRAIL seems to represent a protective mediator of post-AMI injury.

2. Abstract in Czech language

Úvod: Apoptóza hraje důležitou roli v poškození myokardu během akutního infarktu myokardu a v následném rozvoji srdečního selhávání.

Cíl: Objasnit kinetiku sérových hladin apoptotických markerů TRAIL a sFas a jejich vztah k ejekční frakci levé komory srdeční (LVEF) u pacientů s akutním infarktem myokardu s ST-elevacemi (STEMI) léčených primární perkutánní koronární intervencí (pPCI).

Metodika: U 101 pacientů se STEMI léčených pPCI byly změřeny sérové hladiny TRAIL a sFas v sérii vzorků odebraných v průběhu hospitalizace a 1 měsíc po STEMI. LVEF byla hodnocena při přijetí a po měsíci. Výskyt závažných kardiovaskulárních příhod (MACE – t.j. úmrtí, reinfarkt, hospitalizace pro srdeční selhání a iktus) byl hodnocen během dvouletého sledování.

Výsledky: Sérová hladina TRAIL se výrazně snížila jeden den po pPCI (50.5pg/mL) v porovnání s hladinou při přijetí (56.7pg/mL), následně se druhý den po pPCI zvýšila (58.8pg/mL) a dosáhla své nejvyšší hladiny jeden měsíc po STEMI (70.3pg/mL). Hladina TRAIL vykazovala první a druhý den po pPCI významně inverzní korelaci s troponinem a významně pozitivní korelaci s LVEF při přijetí. TRAIL navíc významně koreloval s LVEF měsíc od STEMI (den 1: $r=0.402$, $p<0.001$, den 2: $r=0.542$, $p<0.001$). Naopak hladina sFas byla významně nejnižší při přijetí (5073pg/mL), zvýšila se v první den po pPCI (6370pg/mL) a klesla druhý den (5548pg/mL). Významně nejvyšší hladina sFas byla zaznamenána jeden měsíc po STEMI (7024pg/mL). sFas neprokázal korelaci s LVEF při přijetí ani měsíc po STEMI. TRAIL ani sFas nebyly schopny predikovat zlepšení LVEF jeden měsíc po STEMI ani dvouletý MACE (přítomný v 3.29%).

Závěr: U STEMI léčeného pPCI dosahuje TRAIL své nejnižší sérové koncentrace po reperfuzi. Nízká hodnota TRAIL je asociovaná s horší LVEF v akutní fázi STEMI jakož i jeden měsíc po STEMI. Vyšší hladina TRAIL se jeví být prospěšná a tak TRAIL pravděpodobně představuje protektivní mediátor po-infarktového poškození.

3. Original research

Relationship between TRAIL and left ventricular ejection fraction in patients with ST-elevation myocardial infarction treated with primary percutaneous coronary intervention

3.1. Introduction

Acute myocardial infarction (AMI) represents a major cause of morbidity and mortality worldwide. Despite significant improvement in the treatment of AMI in the past decades, many patients subsequently suffer from left ventricular (LV) dysfunction and heart failure. Post-AMI heart failure represents a high-risk condition with a poor long-term prognosis [1, 2]. Apoptosis plays an important role in the myocardial loss after AMI, as well as in the process of LV remodelling and development of heart failure [3-5]. Thus recognizing a sensitive apoptotic marker that would help in prognostic stratification of AMI patients is of a great importance.

TNF-related apoptosis-stimulating ligand (TRAIL) and apoptosis-stimulating fragment (sFas) and are both soluble apoptotic markers that can induce apoptosis [8, 9]. After binding to their receptors (TRAIL to its receptors TRAIL-R1 and TRAIL-R2, sFas to its Fas receptor), apoptosis is induced through death-receptor signalling pathway, resulting in caspase-8 activation, which activates executioner caspase-3 and triggers the terminal phase of apoptosis [10, 11].

Levels of soluble sFas and TRAIL were assessed in population of AMI patients and heart failure patients to test their ability to predict prognosis [12-17]. Higher sFas levels in heart failure patients were associated with higher risk of mortality and rehospitalisation for heart failure [14-16]. Concerning TRAIL, lower TRAIL levels were associated with poor prognosis in heart failure patients and in elderly patients with cardiovascular disease [16, 17]. In acute coronary syndrome patients, decreased TRAIL levels were found to represent a significant predictor of mortality and hospitalization for heart failure [13].

3.2. Aims of the study

The aim of the present study was to assess levels of both TRAIL and sFas in a homogenous group of patients with ST-elevation myocardial infarction (STEMI) treated with primary percutaneous coronary intervention (pPCI) in series of serum samples obtained during hospitalization and at one-month follow-up, to clarify the kinetics of serum levels of the two above-mentioned apoptotic markers after STEMI. Since apoptosis represents an important contributor to cardiomyocyte loss after AMI (initiated during the ischemic insult, subsequent reperfusion injury as well as within the process of ventricular remodelling) [3-7], we aimed to test the correlation between levels of apoptotic markers and LV ejection fraction (LVEF) after STEMI. Furthermore, we aimed to determine whether levels of TRAIL and sFas relate to LVEF change during one-month follow-up. Lastly, we aimed to validate their prognostic significance during 2-year clinical follow-up.

3.3. Methods

Study population and follow-up

Study participants were prospectively enrolled in the Cardiocenter at the University Hospital Kralovske Vinohrady, Prague, from December 2012 till June 2014. The inclusion criterion was STEMI treated using primary percutaneous coronary intervention (pPCI). Diagnosis was made based on typical ischaemic symptoms and changes in electrocardiogram (ECG) according to the guidelines of the European Society of Cardiology for the management of STEMI [18]. The exclusion criteria were: 1) no revascularisation possible, 2) life expectancy less than one year due to non-cardiac reasons and 3) reluctance to cooperate in a long-term project. Echocardiographic examination was performed in all patients on the first day of hospitalization for STEMI. The study complies with the Declaration of Helsinki and was approved by the local Ethics Committee. Each patient signed written informed consent.

Follow-up visits including echocardiographic examination were arranged one month after the index procedure at the outpatient department. Patients were further followed for two years for mortality and morbidity endpoints either by clinical controls or telephonically.

Blood sampling and laboratory analysis

Apoptotic markers were analysed from venous blood samples obtained from each patient at four different time points: at admission - prior to pPCI (day 0), 24 hours +/- 6hours after pPCI (day 1), two days after pPCI (day 2), and at 30-day control. After centrifugation (3500 rpm, 15 min), serum was stored at -70°C. Commercially available Enzyme-Linked Immuno-Sorbent Assays (ELISA) were used to measure serum concentrations of the reported apoptotic markers (sFas and TRAIL - R&D Systems, Minneapolis, MN, USA). Intra- and inter-assay coefficients were 4.60% and 6.70% for sFas and 5.60% and 7.40% for TRAIL. The lowest concentration detectable was 20pg/mL for sFas and 7.87pg/ml for TRAIL. All measurements were performed by staff unaware of the clinical data.

High-sensitive cardiac troponin T (hs-cTnT) was measured by Roche assay at admission and one and two days after pPCI – at the same time points as assessment of levels of apoptotic markers. Blood samples for biochemistry and haematology tests were taken at admission.

Clinical and echocardiographic evaluation

Echocardiographic examination was performed in all patients on the first day of hospitalization and at one-month clinical follow-up. A standard echocardiographic imaging protocol was used with the apical 4- and 2-chamber views and long and short parasternal axis views. The left ventricular ejection fraction (LVEF) was evaluated by using the biplane modified Simpson rule. To limit the variation, final LVEF was determined as a result of two examiners consensus. All echocardiographic examinations were analysed at the Echocardiographic laboratory of the Cardiocenter at the University Hospital in Kralovske Vinohrady, Prague.

Patients were followed for two years after the index event and major adverse cardiovascular events (i.e. death, re-IM, hospitalisation for heart failure, and stroke) were analysed.

Statistical analysis

Continuous data were tested for distribution using the Kolmogorov-Smirnov test. Continuous data with normal distribution are presented as mean \pm SD, with non-Gaussian distribution as median (inter-quartile range). Statistical comparison of change in apoptotic markers

within individual patients was done using Friedman test and Kendall's W, post hoc analysis was performed using Wilcoxon signed-rank tests with Bonferroni correction. Relation between continuous values was described using Pearson's correlation coefficient and its significance (both crude and adjusted for confounding factors). Potential confounding factors which were taken in consideration: age, gender, BMI, presence of diabetes mellitus, arterial hypertension, Killip class, and infarct-related artery. Predictive power of analysed markers for the improvement of LVEF was analysed using ROC analysis and described by its AUC and specificity and sensitivity at cut-off. The ability of TRAIL and sFas to predict 2-year MACE was analysed using logistic regression. Two-tailed p-value of less than 0.05 was considered to be significant; statistical analysis was computed using SPSS 22.0.0.1 (IBM Corporation, 2014).

3.4. Results

Baseline characteristics

A total of one hundred and fifteen patients were enrolled in the study. One-month follow-up was achieved in one hundred and one patients (87.8%). Baseline characteristics of the study population are summarized in Table 1.

Dynamic changes in serum levels of TRAIL and sFas after STEMI

Levels of TRAIL and sFas measured in STEMI patients during hospitalization and at 1-month follow-up are summarized in Table 2.

Concerning TRAIL, its level decreased one day after pPCI compared to admission level (day 0). TRAIL subsequently increased on day 2 and reached its highest level measured in our study at 1-month (Table 2).

On contrary, sFas level increased one day after pPCI compared to admission. sFas subsequently decreased on day 2 and second rise of sFas was marked at 1-month (Table 2).

All changes of sFas and TRAIL levels within individual patients were statistically significant.

Table 1. Baseline characteristics of the study population including medical history, index event and angiography characteristics and medication at discharge (n = 101)

| | |
|---|----------------|
| Baseline characteristics | |
| Age, years (mean, SD) | 59.36 ± 10.00 |
| Male gender (n, %) | 75 (74.3) |
| BMI (mean, SD) | 28.00 ± 4.07 |
| DM (n, %) | 17 (16.8) |
| Hypertension (n, %) | 53 (52.5) |
| Smoking status (n, %) | 82 (81.2) |
| History of MI (n, %) | 10 (9.9) |
| Index event and angiography characteristics | |
| Time-to-PCI, minutes (median, 25 th , 75 th percentile) | 180 (120, 370) |
| Killip class | |
| Killip class I-II | 100 (99.0) |
| Killip class III | 1 (1.0) |
| CAD severity (mean, SD) | 1.85 ± 0.79 |
| Infarct related artery | |
| LAD (n, %) | 41 (40.6) |
| LCx (n, %) | 16 (15.8) |
| RCA (n, %) | 44 (43.6) |
| Type of stent | |
| BMS (n, %) | 16 (15.8) |
| DES (n, %) | 32 (31.7) |
| Absorb (n, %) | 49 (48.5) |
| TIMI flow 3 after PCI (n, %) | 98 (97) |
| Complete revascularization (n, %) | 60 (60.0) |
| Medication at discharge | |
| Beta-blocker (n, %) | 92 (91.1) |
| ACE inhibitor (n, %) | 90 (89.1) |
| Aspirin (n, %) | 96 (95.1) |
| Statin (n, %) | 99 (98.0) |
| Clopidogrel (n, %) | 18 (17.8) |
| Prasugrel (n, %) | 48 (47.5) |
| Ticagrelor (n, %) | 35 (34.7) |

BMI – body mass index, DM – presence of diabetes mellitus, smoking status – smoking before admission, MI – myocardial infarction, time-to-pPCI – time from the onset of symptoms to primary percutaneous coronary intervention, LAD – left anterior descending artery, LCx – left circumflex artery, RCA – right coronary artery, BMS – bare metal stent, DES – drug eluting stent, Absorb – bioresorbable stent, TIMI flow – “thrombolysis in myocardial infarction” grade flow, complete revascularization – the absence of any stenosis of 60% or more in at least one coronary artery at discharge.

Table 2. Serum concentrations of soluble TRAIL and sFas

| | Day 0 | Day 1 | Day 2 | 1 month | p-value ¹ | p-value ² | | |
|----------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|------------------------------|-------------------|------------------------------|
| TRAIL (pg/mL) | 56.7 (41.6; 68.1) | 50.5 (34.3; 62.1) | 58.8 (42.5; 77.1) | 70.3 (59.0; 84.8) | p<0.001 | W=0.209 p<0.001 | | |
| p-value³ | p=0.058 | | p<0.001 | | | | p<0.001 | |
| sFas (pg/mL) | 5073 (3716; 6415) | 6370 (5032; 7867) | 5548 (4322; 7070) | 7024 (5898; 8875) | | | p<0.001 | W=0.422 p<0.001 |
| p-value³ | p<0.001 | | p=0.001 | | p<0.001 | | | |

Values are given as median (25th, 75th percentile). P-values are shown for ¹Friedman test and ²significance of Kendall's W (coefficient of concordance). In post hoc analysis, ³Wilcoxon tests with Bonferroni corrections were used. TRAIL - TNF-related apoptosis-stimulating ligand, sFas - soluble apoptosis-stimulating fragment

Correlation between markers of apoptosis and necrosis

Statistical analysis showed a significant negative correlation between levels of TRAIL and troponin on day 1 and 2 after pPCI. sFas levels correlated with troponin only on day 2 after pPCI and the correlation was bordering on the statistical significance. Results are summarized in Table 3. Relationships between troponin and apoptotic markers TRAIL and sFas are visualised in Figure 1 and 2.

Table 3. The correlation between markers of apoptosis and troponin

| | r | p-value | r (adj.) | p-value |
|--|---------------|------------------|---------------|------------------|
| Correlation between TRAIL and hs-cTnT | | | | |
| Day 0 | -0.106 | 0.299 | -0.062 | 0.561 |
| Day 1 | -0.387 | <0.001 | -0.379 | <0.001 |
| Day 2 | -0.486 | <0.001 | -0.510 | <0.001 |
| Correlation between sFas and hs-cTnT | | | | |
| Day 0 | 0.127 | 0.216 | 0.152 | 0.154 |
| Day 1 | -0.049 | 0.639 | -0.019 | 0.861 |
| Day 2 | -0.225 | 0.054 | -0.249 | 0.042 |

Correlation is described using Pearson's correlation coefficient and its significance (both crude and adjusted for confounding factors). TRAIL - TNF-related apoptosis-stimulating ligand, hs-cTnT - high sensitive cardiac troponin T

Fig 1. Relationship between serum level of TRAIL and hs-cTnT

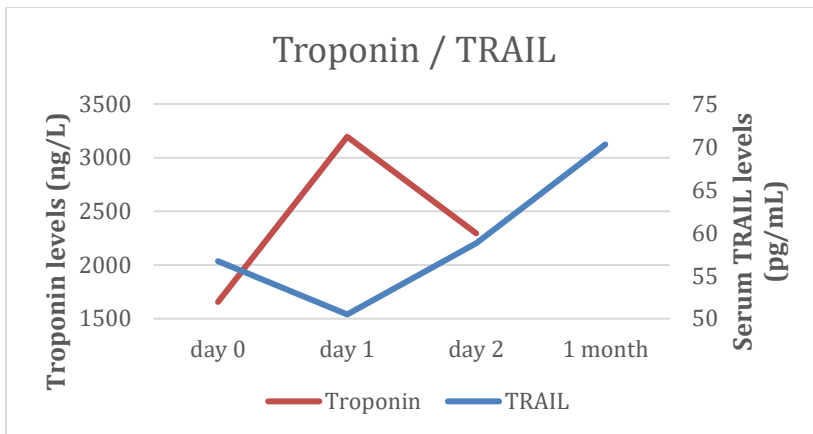
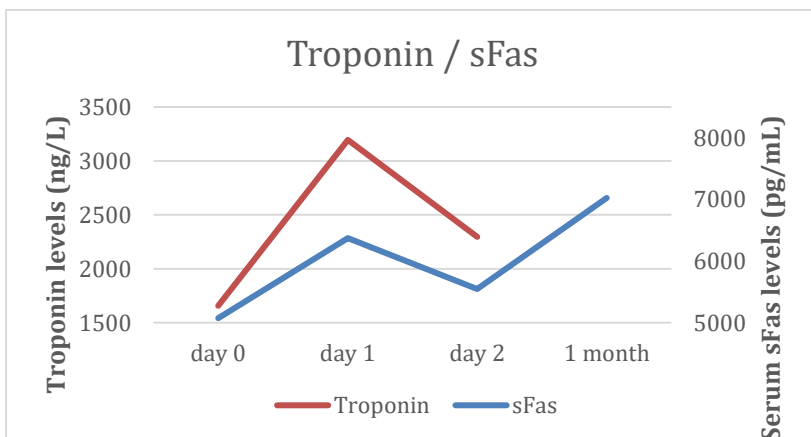


Fig 2. Relationship between serum level of sFas and hs-cTnT



Correlation between markers of apoptosis and time to pPCI

There was a negative correlation between time from the onset of symptoms to pPCI and level of TRAIL at admission (day 0: $r = -0.33$, $p = 0.002$, day 1: $r = -0.19$, $p = 0.08$). No correlation was found between time to pPCI and sFas levels.

Correlation between markers of apoptosis and LVEF

Among 101 patients who completed 1-month follow-up, echocardiographic examination was available in 94 patients. Mean LVEF at baseline was $47.25\% \pm 8.82$. One month after STEMI, mean LVEF improved to $55.78\% \pm 8.96$, what represents an average improvement of $8.62\% \pm 8.16$. One month after STEMI, improvement of LVEF $\geq 10\%$ was present in 51 patients.

Statistical analysis showed a positive correlation between levels of TRAIL and LVEF at baseline – results are summarized in Table 4. Moreover, TRAIL levels on day 1 and 2 correlated positively also with LVEF at 1-month (Table 4). There was no correlation found between sFas levels and LVEF at baseline or at 1-month.

Apoptotic markers were further tested for their ability to predict improvement of LVEF. However, receiver-operating characteristic curve analysis showed that neither TRAIL nor sFas were able to predict improvement of LVEF $\geq 10\%$ one-month after STEMI. Similarly to apoptotic markers, also troponin failed to predict improvement of LVEF one month after STEMI. Results are shown in Tables 5 and 6.

Table 4. The correlation between TRAIL and LVEF at baseline and at 1-month

| | r | p-value | r (adj.) | p-value |
|---|--------------|------------------|--------------|------------------|
| Correlation between TRAIL and LVEF at baseline | | | | |
| Day 0 | 0.252 | 0.013 | 0.168 | 0.113 |
| Day 1 | 0.301 | 0.003 | 0.320 | 0.002 |
| Day 2 | 0.455 | <0.001 | 0.554 | <0.001 |
| Correlation between TRAIL and LVEF at 1-month | | | | |
| Day 0 | 0.158 | 0.136 | 0.076 | 0.495 |
| Day 1 | 0.368 | <0.001 | 0.302 | 0.006 |
| Day 2 | 0.505 | <0.001 | 0.398 | 0.001 |

Correlation is described using Pearson's correlation coefficient and its significance – crude and adjusted for confounding factors.

Table 5. The correlation between troponin and LVEF at baseline and at 1-month

| | r | p-value | r (adj.) | p-value |
|---|---------------|------------------|---------------|------------------|
| Correlation between hs-cTnT and LVEF at baseline | | | | |
| Day 0 | -0.284 | 0.005 | -0.287 | 0.007 |
| Day 1 | -0.550 | <0.001 | -0.542 | <0.001 |
| Day 2 | -0.613 | <0.001 | -0.612 | <0.001 |
| Correlation between hs-cTnT and LVEF at 1-month | | | | |
| Day 0 | -0.460 | <0.001 | -0.448 | <0.001 |
| Day 1 | -0.513 | <0.001 | -0.520 | <0.001 |
| Day 2 | -0.656 | <0.001 | -0.690 | <0.001 |

Correlation is described using Pearson's correlation coefficient and its significance – crude and adjusted for confounding factors.

Table 6. Ability of apoptotic markers to predict improvement of LVEF \geq 10%

| | AUC (95% CI) | p-value |
|----------------|-------------------|---------|
| TRAIL | | |
| Day 0 | 55.0 (42.7; 67.2) | 0.421 |
| Day 1 | 50.2 (37.7; 62.8) | 0.970 |
| Day 2 | 57.9 (45.0; 70.8) | 0.220 |
| sFas | | |
| Day 0 | 53.2 (41.1; 65.3) | 0.606 |
| Day 1 | 54.6 (42.5; 66.7) | 0.455 |
| Day 2 | 55.9 (43.4; 68.4) | 0.362 |
| hs-cTnT | | |
| Day 0 | 54.0 (34.1; 57.8) | 0.502 |
| Day 1 | 53.8 (41.6; 66.0) | 0.533 |
| Day 2 | 50.0 (37.0; 63.0) | 0.999 |
| Peak hs-cTnT | 52.9 (40.7; 65.0) | 0.633 |

Predictive power of analysed markers for the improvement of LVEF was analysed using ROC analysis and described by its AUC.

Two-year follow-up

Two-year follow-up was achieved in 91 patients (90%). Major adverse cardiovascular events were present in 3 patients, what represents 3.3%. One patient had died, two patients had had re-MI, no one had been hospitalised for heart failure, and no one had experienced stroke.

3.5. Discussion

In our study, we demonstrated how serum levels of soluble TRAIL and sFas evolve after STEMI treated with pPCI. TRAIL decreased one day after pPCI compared to admission, then progressively increased on day 2 and reached its highest level measured in our study at one-month. Our findings confirm and extend recently published studies, which have demonstrated that TRAIL level is significantly decreased in AMI patients [12, 13]. Our results provide a detailed description of how TRAIL serum level ranges in the acute phase of STEMI as well as one month after STEMI.

TRAIL represents a promising marker of prognosis in AIM patients and is considered a protective mediator in post-AMI injury. Lower TRAIL level is associated with worse patient prognosis while higher TRAIL level seems to be protective [12, 13]. Secchiero et al. measured TRAIL in a population of 60 AMI patients and demonstrated that TRAIL levels were significantly lower at admission for AMI compared to healthy controls, increased at discharge and normalized at 6-12months [12]. In our study, more detailed examination of the first three days of STEMI showed that TRAIL reached its minimum one day after pPCI and then progressively increased. Decrease in TRAIL level 24 hours after pPCI could be related to reperfusion injury. Reperfusion injury with enhanced inflammatory reaction is associated with increased level of many cytokines and proteolytic enzymes, such as matrix metalloproteinases [19]. Metalloproteinase 2 was shown to have the ability to cleave recombinant TRAIL in vitro [20]. Thus degradation of TRAIL by proteolytic enzymes released at reperfusion, such as metalloproteinase 2, could represent one of potential explanations for decreased TRAIL level after PCI. The exact molecular mechanism of TRAIL's function, however, has not yet been completely understood. In tumor cell lines, TRAIL binds to its receptors (TRAIL receptor 1 and 2) and initiates intracellular signaling cascade resulting in the apoptotic cell death [10, 11]. The effect of TRAIL on normal cells is yet unclear. Some authors reported that TRAIL-induced apoptosis could be specific to cancer cells, sparing the normal cells [21] while others described that TRAIL can induce apoptosis also in normal human hepatocytes and endothelial cells [22, 23]. TRAIL has also been referred to as a modulator of inflammatory

response [24] and some experimental data suggest that TRAIL receptors 1 and 2 can also mediate cell type-dependent prosurvival and proliferation signals [25]. In a diabetic mouse model, direct administration of TRAIL reduced development of cardiomyopathy [26] and another similar study in diabetic mice demonstrated that systemic TRAIL delivery exhibited anti-atherosclerotic activity [27]. Despite undetermined function of TRAIL at the molecular level, in clinical studies, lower TRAIL levels have been associated with worse patient prognosis while higher levels of TRAIL seem to be protective. Thus inhibition of TRAIL degradation or/and an enhancement of TRAIL availability could represent an interesting field of investigation and a potential target of therapeutic intervention.

Our study also showed that TRAIL level at admission correlated inversely with the time from the onset of symptoms to pPCI. The trend also continued on the 1st day after pPCI. Longer the ischemic insult, lower was the level of TRAIL and higher the level of troponin. Osmancik et al. examined TRAIL level in 295 acute coronary syndrome patients and followed them for 6 months. Low TRAIL level was the strongest significant and independent predictor of death and hospitalization for heart failure [13]. In line with Osmancik results, TRAIL in our study correlated significantly with important prognostic markers: inversely with concentration of troponin and positively with LVEF. Moreover, our study showed a significant positive correlation between TRAIL and LVEF one-month after STEMI. These findings support TRAIL as a protective mediator in post-AMI injury. However, TRAIL failed to have the ability to predict improvement of LVEF at one month. We assume this failure could be explained by the size and the spectrum of our study group. Small sample size and a selected group of patients according to their willingness to cooperate in a long-term project could have influenced the results. TRAIL levels in our study group were generally higher compared to Osmancik's study [13]. There, TRAIL concentration of 44.6pg/mL at admission was identified as a cut-off value for prediction of poor prognosis. TRAIL level at admission in our study group was 56.7pg/mL. These results also correspond with a small number of end-points during our two-year follow-up. Similarly to TRAIL, also troponin failed to predict improvement of LVEF one month after STEMI in our study, even though some recent studies reported troponin as an important predictor of LVEF after STEMI [28, 29]. Thus larger study group could have provided

a better understanding of TRAIL's role in LVEF recovery after STEMI. Additionally, evolution of post-AMI LVEF represents a multifactorial process influenced by several other co-factors besides cardiomyocyte loss (such as the extent of stunned myocardium, function of myocardial microvascular circulation, level of oxidative stress, inflammatory response, extracellular matrix alterations etc.). As a result, simple assessment of markers of apoptosis might not reach the ability to predict improvement of LVEF after AMI.

Concerning sFas levels, previous studies demonstrated elevated sFas levels in patients with acute myocardial infarction [30, 31]. However, sFas levels failed to correlate with infarct size [30], measures of LV remodelling [31], or patient prognosis [13]. These findings were confirmed also in a study with pure STEMI population - Nilsson et al. measured sFas levels in 48 STEMI patients prior to PCI and 24 hours after the procedure and used cardiac MRI to assess infarct size and parameters of LV dysfunction and remodelling at 5 days and 4 months after STEMI [32]. sFas levels did not show any consistent correlation with any of the measured parameters. Interestingly, level of sFas at 24 hours after PCI was significantly higher than sFas measured at admission. In concordance with Nilsson's results, sFas levels measured in our study behaved similarly. sFas level increased significantly one day after pPCI compared to baseline. Serum samples obtained at later time points revealed that sFas level significantly decreased two days after pPCI and increased again at one-month. However, sFas showed no correlation with LVEF at baseline or 1-month after STEMI. Increase in the serum level of sFas after AIM is a result of release from myocardial tissue [31], however, the role of Fas-mediated apoptosis in post-AMI injury remains yet undetermined. Studies with heart failure patients demonstrated association of increased sFas levels with worse patient prognosis [14-16]. In our STEMI group, the highest sFas levels were measured 1-month after STEMI, but still sFas levels were dramatically lower compared to sFas levels reported in high-risk heart failure patients [16]. Measuring sFas levels in the acute phase of AIM that are significantly lower and without prognostic value thus seems to be inefficient.

In conclusion, our results demonstrate how serum levels of TRAIL and sFas evolve in STEMI patients treated with pPCI. TRAIL decreases one day after pPCI compared to admission, then increases on

day 2 and reaches its highest level measured in our study one month after STEMI. TRAIL levels show significant inverse correlation with troponin levels and with time-to-pPCI interval. TRAIL correlates positively with LVEF at baseline as well as with LVEF one month after STEMI. Low TRAIL levels are associated with worse LVEF after STEMI. Thus TRAIL seems to be a protective mediator of post-AMI injury. On contrary, sFas level increased one day after pPCI compared to admission, then decreased on day 2 and increased again one month after STEMI. sFas failed to correlate with LVEF at baseline or at one month. The role of sFas in post-AMI injury is yet uncertain.

Study limitations

Our study limitations are related mainly to sample size, patient selection and follow-up completion. Patients precipitating in the study were not enrolled consecutively but selected, due to better coordination with the project from a long-term prospective. Also, one-month follow-up was not achieved in 12.2% of patients, of who 2-year follow-up was not completed in 10%. These limitations could have influenced our results.

3.6. References

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4. List of publications

1. **Terिंगova E**, Kozel M, Knot J, Kocka V, Benesova K, Tousek P. Relationship between TRAIL and left ventricular ejection fraction in patients with ST-elevation myocardial infarction treated with primary percutaneous coronary intervention. Biomed Res Int. 2018.
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2. **Terिंगova E**, Tousek P. Apoptosis in ischemic heart disease. J Transl Med. 2017 May;15(1):87. doi: 10.1186/s12967-017-1191-y.
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