

Abstract

The thesis deals with the topic of health literacy and the level of health literacy of teachers. The aim of the thesis is to analyse the current condition of the health literacy of adults in the Czech Republic with the focus on the level of health literacy of the teachers at upper primary schools and to describe the possibilities and aspect of education and development of the teacher's health literacy. Firstly, the definitions and the models of health literacy are described as well as a description of the main international and Czech documents related to health literacy. Consequently, the thesis examines the research, the tools of measurement and the possibilities of development of health literacy are explored. The purpose of the empirical survey is to analyse the level of health literacy of the teachers at upper primary schools in Prague. Within the survey, the approach towards the education focused on health literacy is examined along with the preferences of the form of such education.

Keywords: health literacy, health, health promotion, adult education, teachers, lifelong learning