

## **Abstract**

The presented bachelor thesis is concerned with intergenerational programmes. In particular, it deals with benefits of intergenerational programmes oriented towards reading to children in kindergartens from the viewpoint of the participating elders and the influence of the participation in such programmes on the participants' well-being. The thesis is divided into four chapters. The first chapter is devoted to the introduction to the intergenerational issues and intergenerational relations in Czech society. The second chapter presents intergenerational programmes as a space for intergenerational learning and points to their potential for building intergenerational cooperation and understanding. Due to the topic of the thesis, the third chapter concentrates on the benefits of intergenerational programmes for the elderly in relation with the participants' well-being. The last chapter is concerned with empirical research, the goal of which is the identification and analysis of psychosocial benefits of the programme Přečti as reflected by the participating elders and attributed to participation in the programme oriented to reading to children in kindergartens.

**Keywords:** intergenerational programmes, intergenerational learning, benefits of intergenerational programmes, well-being, elders