In the first part, it discussess adolescence from the point of view of psychology and sociology. The next part attempts to define the key concepts: peer group, free time and non-profit sector and following comes an overview of organisations providing leisure time activities to adolescents, including the non-profit organisations.

The empirical part presents results of a small enquiry, which was carried to find out how adolescents really spend their leisure time, what organisations assist them in that and how they learn about these possibilities. Last but not least, it also investigated whether and to what extent are they satisfied with the currently available options.